

# Tasmanian Carer Charter

*Carer Recognition Act 2023 (Tas)*

1. Carers should be acknowledged as diverse and are to be treated as individuals with their own needs within, and beyond, their roles as carers
2. Carers should be consulted in relation to the development and evaluation of policies and programs, and the provision of resources, in so far as those policies, program and resources affect their roles as carers
3. Carers should be empowered to access information and services that are relevant to them in their role as carers
4. Carers should be supported to participate in, and contribute to, the social, political, economic and cultural life of Tasmania, if they so desire
5. Carers should be recognised and respected for their valuable caring role and should be supported in accessing, and engaging in, a wide range of services to ensure their well-being and to maintain their connections to their community
6. Carers' knowledge about the persons for whom they are caring should be respected, acknowledging that each carer, and each person being cared for, has both rights and responsibilities
7. Carers should be able to raise concerns about decisions, and services that affect them as carers or the persons for whom they are caring, without the carers or such persons suffering adverse repercussions, and those concerns should be dealt with as promptly as is reasonably practicable

# Keep this card handy & use it to:

- ask about your needs as a carer and connect you with relevant support. If they don't ask you, show them the Charter
- show it to medical staff to remind them to include you (with consent) in treatment and support planning for the person you care for
- be heard when giving feedback about services you receive in Tasmania
- remind medical or direct support staff to listen to the important information you have to share about the person you care for
- negotiate adjustments at work due to your caring role, it could be helpful to show this to your supervisor
- share this with your teacher or support staff so they can provide you with extra resources and flexibility as needed
- be recognised as the informal advocate and respected in discussions about the person you care for
- ensure your feedback about relevant policies and services from the Tasmanian Government is respected

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